



2011 Nixa Youth Triathlon - Run Course Volunteer Information
(Run Course noted in **BLUE**.)

Course Captains: Donna & Ron (880-1029)

Logistics Coordinator: Matthew Block (830-6407)

Race Director Assistant: Sharon Whitehill-Gray (880-0860)

Race Director: David Liss (861-6019)

- Plan to be at your designated post no later than 8:10a.m.
- **Safety is first and foremost on the course** – both for participants and vehicles.
- Police and safety officials will be placed strategically along the course. Police are noted on the map with a ; Fire is noted on the map with a .

Report any emergencies to the nearest safety personnel.

- *Your primary task will be to stop traffic and allow runners safe passage along the course. Vehicle traffic should be light for most of the morning and there will be gaps in the runner traffic; use your best judgment.*
- Remind all runners to stay to their right except to pass.
- Parents are not allowed on the course.
- **Cheer for the runners as they pass you!**
- Age groups of runners are as follows: yellow number tags are 7 to 10 years old; white number tags are 11 to 15 years old (and 16+ exhibition).
- **Encourage runners!**
- Plan to remain at your post until the last participant has passed you on the course. The course should be clear around 10:45am.
- You will be notified when the last runner has passed your post and you are free to leave but we hope you will return to The Center for pizza and the Awards Presentation.

THANK YOU! THANK YOU! THANK YOU!

