

http://www.ccoptimist.org/triathlon

EVENT INFORMATION

Date: Saturday, June 17, 2017

Time: 8:00a.m.

Where: Nixa Community Center

701 N. Taylor Way

Nixa, MO

Who: Boys & Girls ages 7-15

& 16+ OMC Super Sprint

Entry fee: \$30 per athlete thru June 10th, 2017

\$35 from June 11, 2017

Contact: David Liss Phone: (417)861-6019

eMail: NixaTriathlon@yahoo.com



AGE GROUPS

Juniors: 7-8 / 9-10 **Seniors:** 11-12 / 13-15

Adults: 16+ OMC Super Sprint

DISTANCES

100yd Swim / 5K Bike (3.1mi) / 1K Run (.62mi) 200yd Swim / 10K Bike (6.2mi) / 2K Run (1.2mi) 200yd Swim / 10K Bike (6.2mi) / 2K Run (1.2mi)

IMPORTANT INFORMATION

- Packet pick-up will be held at The Nixa Community Center on Friday, June 16th from 3:00pm 6:00pm.
 The pre-race meeting will be held at the same location from 6:00pm 6:45pm.
- 2. No flotation devices are allowed.
- Cyclists are *required* to wear their bicycle helmet *any time* they are on their bike; before, during or after the event. Helmets must be on and chin-straps fastened for safety. Racers in violation may be disqualified.
- 4. Race numbers must be visible on the front of the body during the bike and run sections of the race. Body marking of all athletes will be done Saturday morning.
- 5. All racers will receive a customized Nixa Youth Triathlon race shirt and all <u>finishers</u> will receive an **AWESOME** customized Nixa Youth Triathlon finisher's medal.
- 6. Awards will be given to the overall male and female finishers as well as first, second and third places in each age group. Results will be posted on the website <u>soon</u> after the race.

CHRISTIAN COUNTY OPTIMIST CLUB EVENT

Serving the youth of Christian County since 2003





NIXA YOUTH TRIATHLON REGISTRATION / WAIVER



ONE ENTRY FORM PER PARTICIPANT

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Address:						City:				
State:	Zip:		Pł	none: <u>(</u>)					
Emergency C	ontact Na	ame & Pho	one:							
eMail Address	s:									
Birth Date:			F	Race Age	e: (age as c	of 12/31/2	017)_			
Age Group	s:	7-8		0	11-12	13-15		16+		
Shirt Size: Specify size of shi placing a checkma		Child M	Child L	Adult S	Adult M	Adult L	Adu	lt XL	Adult 2	XL
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